

LONG DISTANCE



TBayTel Long Distance lets you reach out for less. We provide quality service for domestic and international long distance rate plans, calling cards and personal toll-free numbers. Plus, we're here to help you with operator-assisted calls and special needs services.

TBAYTEL LONG DISTANCE CALLING CARD

TBayTel Calling Cards may be used to make long distance calls away from home or the office. A surcharge may apply to certain calls.

TBayTel Long Distance Calling Card Dialing Instructions:

- To place a long distance call from Canada or the US: Dial **1-800-550-4629**, follow the prompts
- From outside Canada or the US: Dial the Canada Direct™ access number for the country you are in and follow the prompts, or follow the instructions in the Pocket Guide, available from TBayTel
- For more information or for country listings, visit www.infocanadadirect.com or call **1-866-347-1212** before you leave Canada
- For assistance after-hours or when you are out of town, call **1-866-347-1212**

To obtain a TBayTel Calling Card, or to report lost or stolen Calling Cards, call TBayTel Customer Service at **623-4400**.

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CUSTOMER DIALED CALLS

Dial direct from a residence or business phone and pay only for the minutes your call is connected. A minimum charge of 1 minute applies.

- To call inside or outside your area code: Dial **1 + area code + phone number**
- Calls to Bermuda and the Caribbean may be dialed in the same manner
- For TTY/Teletypewriter users, dial **711**
- Relay Service for Hearing People, dial **1-800-855-0511**

OPERATOR-ASSISTED CALLS

Operator-assisted calls are more expensive than direct-dialed calls. There is a charge in addition to the long distance rates.

- For operator-assisted calls dial **00 or 0 + area code + the number** and follow the prompts

COLLECT CALLS / THIRD PARTY BILLING

When placing a collect call or billing your call to a third number:

- Dial **1-800-646-0000** (Telus Automated Billing service will answer)
- Follow the prompts to place a long distance call
- You have the option to place a "collect call" or "bill to a third party"

PERSONAL TOLL-FREE NUMBER

Make calls home or receive calls from select friends and relatives with a TBayTel Personal Toll-Free Number. With one low rate, this service has no installation charge, no service charge and no monthly rate. Plus, you can specify the area codes that you will accept calls from.

HOW TO MAKE OVERSEAS CALLS

- Customer-dialed calls: **011 + country code + city code + local number**
- For person-to-person calls, Calling Card calls, third-party billing and collect calls: **01 + country code + city code + local number**

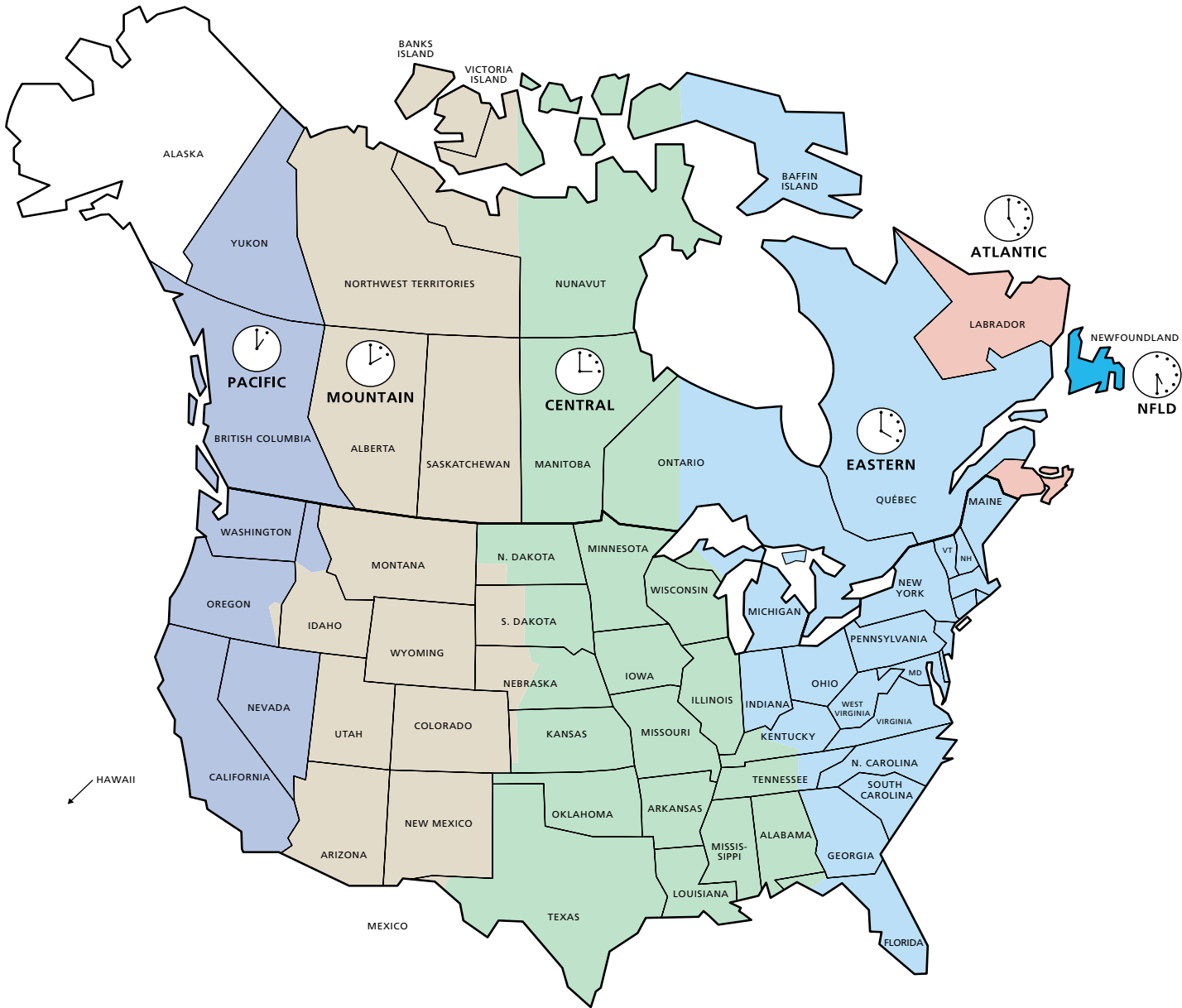
If you are unsure of the country or city codes, need overseas Directory Assistance or need help with your call, dial **00**.



BUNDLE UP AND SAVE

To **BUNDLE UP** see Page 58 or call Customer Service at **623-4400**

TIME ZONE MAP



TIME ZONE MAP

The clocks on this map illustrate the time zones in effect across North America. When calculating actual time differences between areas, please consider those areas which are on Daylight Saving Time.

FURTHER INFORMATION

Refer to a listing of frequently used Area Codes on pages 62 and 63 of the TBayTel Community Pages.

For area code maps, check these websites:

www.cnac.ca (Canadian Number Administrator)

www.nanpa.com (North American Numbering Plan Administration)

FREQUENTLY USED AREA CODES

Note: Locations marked with a * have two or more area codes overlaying the same geographic area. For more information, go to www.nanpa.com (North American Numbering Plan Administration) or www.cnac.ca (Canadian Number Administrator).

CANADA

Alberta	
Calgary	403
Edmonton	780
British Columbia	
Vancouver	604
All other places	250
Manitoba	204
New Brunswick	506
Newfoundland & Labrador	709
Northwest Territories	867
Nova Scotia	902
Nunavut	867
Ontario	
Acton	519
Ajax-Pickering	289, 905
Algoma Mills	705
Algonquin Park	705
Alliston	705
Alvinston	519
Ancaster	289, 905
Armstrong	807
Ampror	613
Atikokan	807
Aurora	289, 905
Aylmer	519
Bancroft	613
Barrie	705
Barry's Bay	613
Bath	613
Beamsville	289, 905
Beaverton	705
Beeton	289, 905
Belle River	519
Belleville	613
Blenheim	519
Blind River	705
Bobcaygeon	705
Bolton	289, 905
Bowmanville	289, 905
Bracebridge	705
Bradford	289, 905
Brampton	289, 905
Brantford	519
Brockville	613
Brooklin	289, 905
Burlington	289, 905
Caledon	519
Caledon East	289, 905
Caledonia	289, 905
Cambridge	519
Campbellford	705
Cardinal	613
Carleton Place	613
Castlemore	289, 905
Chatham	519
Claremont	289, 905
Clarkson	289, 905
Cobalt	705
Cobourg	289, 905
Cochrane	705
Colborne	289, 905
Collingwood	705
Cooksville	289, 905
Cornwall	613
Cottam	519
Deep River	613
Delhi	519
Deseronto	613
Dresden	519
Dryden	807
Dundas	289, 905
Dunville	289, 905
Durham	519
Dutton	519
Elliot Lake	705
Elmira	519
Elmvale	705
Elora	519

Erin	519
Espanola	705
Essex	519
Exeter	519
Fenelon Falls	705
Fergus	519
Forest	519
Fort Erie	289, 905
Fort Frances	807
Frankford	613
Freelton	289, 905
Gananoque	613
Garson	705
Georgetown	289, 905
Geraldton	807
Glencoe	519
Gloucester	613
Goderich	519
Grand Bend	519
Grand Valley	519
Gravenhurst	705
Grimmsby	289, 905
Guelph	519
Hagersville	289, 905
Halton Hills: see Acton or Georgetown	
Hamilton	289, 905
Hanover	519
Harrow	519
Harrowsmith	613
Hastings	705
Havelock	705
Hearst	705
Hillsburgh	519
Honey Harbour	705
Hudson	807
Huntsville	705
Ignace	807
Ingersoll	519
Ingliside	613
Ipperwash	519
Iroquois Falls	705
Jarvis	519
Kapuskasing	705
Keewatin	807
Kemptville	613
Kenora	807
Keswick	289, 905
Killarney	705
Kincardine	519
King City	289, 905
Kingston	613
Kingsville	519
Kirkland Lake	705
Kitchener	519
Kleinburg	289, 905
Lakefield	705
Larder Lake	705
Leamington	519
Lindsay	705
Listowel	519
London	519
Malton	289, 905
Manitoulin Island	705
Maple	289, 905
Marathon	807
Markham	289, 905
Massey	705
McGregor	519
Midland	705
Milton	289, 905
Milverton	519
Minden	705
Mississauga	289, 905
New Liskeard	705
Newmarket	289, 905
Niagara Falls	289, 905
Niagara-on-the-Lake	289, 905
Nobleton	289, 905
North Bay	705
Oak Ridges	289, 905
Oakville	289, 905

Orangeville	519
Orillia	705
Orleans	613
Orono	289, 905
Oshawa	289, 905
Ottawa	613
Owen Sound	519
Palgrave	289, 905
Paris	519
Parry Sound	705
Pefferlaw	705
Pelee Island	519
Pelham	289, 905
Pembroke	613
Penetanguishene	705
Perth	613
Petawawa	613
Peterborough	705
Petrolia	519
Picton	613
Point Pelee	519
Port Colborne	289, 905
Port Credit	289, 905
Port Elgin	519
Port Hope	289, 905
Prescott	613
Renfrew	613
Richmond Hill	289, 905
Ridgetown	519
Ridgeway	289, 905
St. Catharines	289, 905
St. Thomas	519
Sarnia	519
Sauble Beach	519
Sault Ste. Marie	705
Shelburne	519
Simcoe	519
Stoney Creek	289, 905
Stouffville	289, 905
Stratford	519
Streetsville	289, 905
Sturgeon Falls	705
Sudbury	705
Sutton	289, 905
Tecumseh	519
Thamesford	519
Thornhill	289, 905
Thorold	289, 905
Thunder Bay	807
Tilbury	519
Timmins	705
Toronto	416, 647
Trenton	613
Unionville	289, 905
Uxbridge	289, 905
Victoria Harbour	705
Vineland	289, 905
Walkerton	519
Wallaceburg	519
Waubushene	705
Waterdown	289, 905
Waterford	519
Waterloo	519
Watford	519
Wawa	705
Welland	289, 905
West Lorne	519
Wheatley	519
Whitby	289, 905
Windsor	519
Wingham	519
Winona	289, 905
Woodbridge	289, 905
Woodstock	519
Prince Edward Island	902
Québec	
Alma	418
Aylmer	819
Beauharnois	450
Bedford	450
Buckingham	819

Campbell's Bay	819
Chicoutimi	418
Coaticook	819
Cowansville	450
Dolbeau-Mistassini	418
Dorval	514
Drummondville	819
Gatineau	819
Gracefield	819
Granby	450
Hemmingford	450
Howick	450
Hudson	450
Hull	819
Huntingdon	450
Joliette	450
La Malbaie	418
Lévis	418
Longueuil	450
Loretteville	418
Low	819
Luskville	819
Magog	819
Maniwaki	819
Marieville	450
Montebello	819
Montmagny	418
Montréal	514
Portneuf	418
Québec	418
Richmond	819
Rimouski	418
Rivière-du-Loup	418
Rock Island	819
Rouyn-Noranda	819
Ste-Agathe	819
Ste-Anne-de-Beaupré	418
Ste-Anne-de-Bellevue	514
St-Hyacinthe	450
St-Jean	450
St-Jerôme	450
St-Jovite	819
St-Lambert	450
Ste-Rose	450
Salaberry-de-Valleyfield	450
Sept-Îles	418
Shawinigan	819
Shawville	819
Sherbrooke	819
Sorel	450
Temiscaming	819
Theftford Mines	418
Trois Rivières	819
Val d'Or	819
Victoriaville	819
Temecula*	909, 951
Wakefield	819
Saskatchewan	306
Yukon	867
UNITED STATES OF AMERICA	
Alabama	
Anniston	256
Birmingham	205
Florence	256
Huntsville	256
Denver*	303, 720
Durango	970
Grand Junction	970
Leadville	719
Longmont*	303, 720
Pueblo	719
Steamboat Springs	970
Connecticut	
Bridgeport	203
Hartford	860
New Haven	203
Stamford	203
Delaware	302
District of Columbia	202
Florida	
Clearwater	727

Superior	520
Tucson	520
Wickenburg	928
Willcox	520
Yuma	928
Arkansas	
Fayetteville	479
Fort Smith	479
Hot Springs	501
Jonesboro	870
Little Rock	501
Morrilton	501
Pine Bluff	870
Russellville	479
California	
Anaheim	714
Bakersfield	661
Barstow	760
Beverly Hills	310
Chico	530
Clearlake	707
Concord	925
Escondido	760
Eureka	707
Fremont	510
Fresno	559
Glendale	818
Hawthorne	310
Inglewood	310
Irving	949
Long Beach	562
Los Angeles: Downtown	213
Surrounding area	323
Modesto	209
Monterey	831
Oakland	510
Oceanside	760
Ontario	909
Palm Springs	760
Palmdale	661
Palo Alto	650
Pasadena	626
Riverside*	909, 951
Sacramento	916
Salinas	831
San Bernardino	909
San Diego: Central	619
North & suburbs	858
East & suburbs	619
San Francisco	415
San Jose	408
San Mateo	650
San Rafael	415
Santa Barbara	805
Temecula*	909, 951
Thousand Oaks	805
Torrance	310
Vacaville	707
Vallejo	707
Colorado	
Aspen	970
Aurora*	303, 720
Boulder*	303, 720
Colorado Springs	719
Denver*	303, 720
Durango	970
Grand Junction	970
Leadville	719
Longmont*	303, 720
Pueblo	719
Steamboat Springs	970
Connecticut	
Bridgeport	203
Hartford	860
New Haven	203
Stamford	203
Delaware	302
District of Columbia	202
Florida	
Clearwater	727

Daytona Beach	386
Ft. Lauderdale*	954, 754
Ft. Myers	239
Ft. Pierce	772
Gainesville	352
Hollywood*	954, 754
Jacksonville	904
Key West	305
Lake City	386
Lakeland	863
Melbourne	321
Miami*	305, 786
Naples	239
Orlando*	407, 321
Pensacola	850
Port Charlotte	941
St. Petersburg	727
Sarasota	941
Tallahassee	850
Tampa	813
Titusville	321
West Palm Beach	561

Georgia	
Albany	229
Atlanta*	404, 678, 470
Metro* (outside 285 Beltway)	678, 770, 470
Augusta	706
Columbus	706
Macon	478
Marietta*	678, 770, 470
Norcross*	678, 770, 470
Rome	706
Savannah	912
Valdosta	229
Waycross	912

Hawaii	808
Idaho	208

Illinois	
Alton	618
Cairo	618
Champaign-Urbana	217
Chicago:	
Central (Loop) area	312
Remainder of city limits	773
Northern Suburbs*	847, 224
Central Suburbs	630
Southern Suburbs	708
Elgin*	847, 224
Mt. Vernon	618
Peoria	309
Rockford	815
Rock Island	309
Springfield	217
Waukegan*	847, 224

Indiana	
Anderson	765
Evansville	812
Fort Wayne	260
Gary	219
Hammond	219
Indianapolis	317
Lafayette	765
La Porte	219
Michigan City	219
South Bend	574

Iowa	
Algona	515
Ames	515
Burlington	319
Cedar Rapids	319
Council Bluffs	712
Creston	641
Davenport	563
Des Moines	515
Dubuque	563
Fort Dodge	515
Iowa City	319
Iowa falls	641
Marshalltown	641
Mason City	641
Muscatine	563
Oskaloosa	641
Ottumwa	641
Sioux City	712
Spencer	712
Waterloo	319

Kansas	
Atchison	913
Dodge City	620
El Dorado	316

Emporia	620
Hutchinson	620
Kansas City	913
Lawrence	785
Newton	316
Salina	785
Topeka	785
Wellington	620
Wichita	316

Kentucky	
Ashland	606
Covington	859
Elizabethtown	270
Frankfort	502
Lexington	859
London	606
Louisville	502
Morehead	606
Owensboro	270
Paducah	270
Shelbyville	502
Winchester	859

Louisiana	
Alexandria	318
Baton Rouge	225
Houma	985
Kenner	504
Lafayette	337
Lake Charles	337
Laplace	985
Monroe	318
New Orleans	504
Shreveport	318
Slidell	985
Maine	207

Maryland	
Annapolis*	410, 443
Baltimore*	410, 443
Hagerstown*	240, 301
Rockville*	240, 301

Massachusetts	
Boston: Central*	617, 857
Surrounding suburbs*	781, 339
Fall River*	508, 774
Lowell*	978, 351
Pittsfield	413
Springfield	413
Worcester*	508, 774

Michigan	
Ann Arbor	734
Bay City	989
Battle Creek	269
Big Rapids	231
Dearborn	313
Detroit	313
Flint	810
Grand Rapids	616
Holland	616
Jackson	517
Kalamazoo	269
Lansing	517
Livonia	734
Marquette	906
Muskegon	231
Owosso	517
Pontiac*	248, 947
Port Huron	810
Saginaw	989
Sault Ste. Marie	906
Southfield*	248, 947
Troy*	248, 947
Warren	586

Minnesota	
Apple Valley	952
Blaine	763
Bloomington	952
Duluth	218
Eagan	651
Grand Marais	218
Hovland	218
Fayetteville	612
Goldsboro	952
Minnetonka	952
New Brighton	651
Plymouth	763
Rochester	507
St. Cloud	320
St. Paul	651
Tofte	218
Mississippi	
Biloxi	228
Greenville	662

Hattiesburg	601
Jackson	601
Meridian	601
Starkville	662
Tupelo	662
Vicksburg	601

Missouri	
Chesterfield	636
Columbia	573
Jefferson City	573
Joplin	417
Kansas City	816
Kirkville	660
Kirkwood	314
Maryland Heights	314
Oakville	314
St. Charles	636
St. Joseph	816
St. Louis	314
Sedalia	660
Springfield	417
Montana	406

Nebraska	
Lincoln	402
North Platte	308
Omaha	402
Scottsbluff	308

Nevada	
Carson City	775
Elko	775
Las Vegas	702
Reno	775
Winchester	702
New Hampshire	603

New Jersey	
Atlantic City	609
Camden	856
Elizabeth	908
Hackensack*	201, 551
Jersey City*	201, 551
Morrisstown*	973, 862
Newark*	973, 862
New Brunswick*	732, 848
Paterson*	973, 862
Plainfield	908
Trenton	609
Vineland	856
New Mexico	505

New York	
Albany	518
Binghamton	607
Buffalo	716
Elmira	607
Hempstead	516
Long Island:	
Nassau County	516
Suffolk County	631
New York City:	
Bronx*	718, 347, 917
Brooklyn*	718, 347, 917
Manhattan*	212, 646, 917
Queens*	718, 347, 917
Staten Island*	718, 347, 917
Newburgh	845
Niagara Falls	716
Peekskill	914
Poughkeepsie	845
Rochester	585
Schenectady	518
Syracuse	315
Troy	518
Utica	315
White Plains	914
Yonkers	914

North Carolina	
Asheville	828
Burlington	336
Charlotte*	704, 980
Durham	919
Fayetteville	910
Goldsboro	919
Greensboro	336
Hickory	828
Kingston	252
Raleigh	919
St. Mount	252
Salisbury*	704, 980
Statesville*	704, 980
Wilmington	910
Winston-Salem	336

North Dakota	701
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Ohio	
Akron*	330, 234
Ashtabula	440
Canton*	330, 234
Cincinnati	513
Cleveland	216
Columbus	614
Dayton/Springfield	937
Lancaster	740
Lorain	440
Marion	740
Middleton	513
Newark	740
Portsmouth	740
Stuebenville	740
Toledo*	419, 567
Washington C.H.	740
Youngstown*	330, 234

Oklahoma	
Ada	580
Enid	580
Lawton	580
Lincoln	918
McAlester	918
Oklahoma City	405
Shawnee	405
Stillwater	405
Tulsa	918

Oregon	
Astoria	503
Bend	541
Corvallis	541
Eugene	541
Medford	541
Pendleton	541
Portland*	503, 971
Salem*	503, 971
Tillamook	503

Pennsylvania	
Allentown*	610, 484
Altoona	814
Erie	814
Harrisburg	717
Lancaster	717
New Castle*	724, 878
Philadelphia*	215, 267
Pittsburg*	412, 878
Reading*	610, 484
Scranton	570
State College	814
Uniontown*	724, 878
Washington*	724, 878
Wilkes-Barre	570

Rhode Island	401
South Carolina	
Charleston	843
Columbia	803
Florence	843
Greenville	864
Spartanburg	864

South Dakota	605
Tennessee	
Brownsville	731
Chattanooga	423
Clarksville	931
Columbia	931
Cookeville	931
Covington	901
Jackson	731
Johnson City	423
Knoxville	865
Memphis	901
Murfreesboro	615
Nashville	615

Texas	
Abilene	325
Amarillo	806
Austin	512
Beaumont	409
Brownsville	956
Bryan	979
Corpus Christi	361
Dallas*	214, 972, 469
Del Rio	830
Denton	940
El Paso	915
Fort Worth*	817, 682
Fredericksburg	830
Freeport	979
Galveston	409
Houston*	713, 281, 832

Huntsville	936
Jasper	409
Laredo	956
Lubbock	806
Lufkin	936
Midland	432
New Braunfels	830
San Antonio	210
Tyler	903
Waco	254
Wichita Falls	940

Utah	
Logan	435
Ogden	801
Price	435
Provo	801
Salt Lake City	801
St. George	435
Vermont	802

Virginia	
Alexandria*	703, 571
Arlington*	703, 571
Bristol	276
Charlottesville	434
Danville	434
Lynchburg	434
Newport News	757
Norfolk	757
Richmond	804
Roanoke	540
Wytheville	276

Washington	
Bellevue	425
Olympia	360
Seattle	206
Spokane	509
Tacoma	253
Vancouver	360
Walla Walla	509
Yakima	509

Washington, District of Columbia	202
West Virginia	304

Wisconsin	
New Castle*	724, 878
Brookfield	262
Eau Claire	715
Fond du Lac	920
Green Bay	920
Kenosha	262
Madison	608
Milwaukee	414
Racine	262
Sheboygan	920
Superior	715
Waukesha	262
Wausau	715
West Allis	414
West Bend	262
Wyoming	307

Caribbean Islands and other Countries	
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Anguilla	264
Antigua & Barbuda	268
Bahamas	242
Barbados	246
Bermuda	441
Cayman Islands	345
Dominica	767
Dominican Republic	809
Grenada	473
Guam	671
Jamaica	876
Montserrat	664
North Mariana Is.	670
Puerto Rico	787
St. Kitts & Nevis	869
St. Lucia	758
St. Vincent & Grenadines	784
Trinidad & Tobago	868
Turks & Caicos	649
Virgin Islands:	
British	284
U.S.	340